



SEPTEMBER 29, 2010

TSX-V: LMR

LOMIKO'S VINES LAKE GOLD PROPERTY SHOWS PROMISE

(Vancouver) LOMIKO METALS INC. (TSX-V:LMR, OTCQX: LMRMF, Europe: ISIN: CA54163Q1028, WKN: A0Q9W7,) ("Lomiko" or "the Company") Lomiko Metals Inc. holds the rights to three contiguous mineral tenures, totaling 1,169 Ha (2,888 Acres) located in the south western corner of the Cassiar Gold District or 'Cassiar Gold Camp'.

CASSIAR AREA HIGHLIGHTS:

- Approximately 315,651 ounces of gold have been produced at the adjacent Table Mountain Mine from 1979-2007 under various companies.
- The Vines Lake Property is adjacent to the Table Mountain Mine.
- The Vines Lake property northern boundary crosses Hwy 37N seven kilometers south of the unincorporated settlement of Jade City.
- Highway 37 N bisects the property north to south. A positive development for the area is the electrification of the highway providing power for the area.
- The property is located approximately ten kilometres southeast of the town of Cassiar, B.C., Canada. The claims cover rocks of the Sylvester group, which are known to contain productive zones of gold mineralization in the area.
- The claim group is located approximately two kilometres southwest of the former Erickson gold mine.

The potential exists on the 100% owned Vines Lake property for discovering new high-grade gold vein systems, and other intrusion related mineralization simply due to the proximity to the proven mining history in the Sylvester Allocthon, the presence of the Cassiar Batholith and its contact with the autochthonous Cassiar Terrane rocks, over which Lomiko's Vines Lake property claims are located.

Mr. Garth Kirkham, P.Geo is the Qualified Person for the Vines Lake Project and has reviewed the technical data in this news release.

For more information, please contact Paul Gill at 604-729-5312, email: info@lomiko.com or refer to the website at: www.lomiko.com

On behalf of Lomiko Metals Inc.

Signed: "A. Paul Gill"

A. Paul Gill, President & CEO

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